

# The Tigers Todger Fell Race

## Wednesday 3<sup>rd</sup> May 2006

**Race details, Venue & Start Time** - Over 18 years of age. Starts and finishes at the rugby ground  
6 miles and 880 foot. Run under F.R.A. rules. Sheffield Tigers RUFC (A625 south of Sheffield map grid ref 298821.) Extensive changing facilities & showers. Start 7pm prompt. Car parking is limited - please travel together and park where directed,

**Entries.** Pre-entry £4.00 by post or pay and enter at either Autocraft Services, 95 John Street, Sheffield, S2 4QX (tel 0114 275 9584) or Keep on Running 710 Attercliffe Road, Sheffield S9 3RP (tel 0114 244 5335) or William ALVES 8 Laverdene Close, Totley, Sheffield. S17 4HG. £1.00 extra if entry taken on the day. Limit 300.

**Course Details.** A new course with a simple format, one long climb followed by a long descent.

The route will be marked and marshaled with very little technical stuff You will have to be spectacularly stupid to get lost on this race but as it is run under FRA rules all competitors are advised to carry a bumbag with a windproof top and a compass and whistle as walking is a slow process and if you have twisted an ankle it could take half an hour to get back to the Rugby Club. There will be a marshall taking numbers at Oxstones so please make sure they are easily visible. Similarly at the finish can you make sure you stay in the finish funnel until your position and number has been recorded.

**Refreshments.** The Tigers clubhouse will be open for hot food and drinks together with the usual bar facilities. Families are welcome.

**Totley Tigers Race Series.-** Entries for the Totley Tigers Race Series will be taken on race day. The Race Series registration fee is £3.00. Free T shirt to all who complete at least 4 out of 5 races- and one of those must be the Totley Tormentor. Free race series mug showing the race dates to all who register.

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ENTRY FORM FOR TIGERS TODGER WED 3<sup>RD</sup> MAY @ 7.00PM

Full Name

Race No

Address

Postcode

Tel No

Date of Birth

Male/Female

Vet/over 50/over 60

Club

Vehicle Reg No

I understand that this race is held in accordance with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organizer accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in this race.

Signed

Date

Cheques made payable to Totley A.C.

Numbers to be collected on the night